Teaching Examples
ᐃᓕᓂᐊᕐᑎᓂᕐᒻᑐᑦ ᐅᑐᖅᐅᑎᑦ

Children ᓄᑕᖅᑲᑦ

- *Encourage children to come up with answers on their own (then explain your answer afterwards)* ᖅᐊᑕᕐᒧ ᓄᑦᕃᒻ ᐃᖅᒍᑎ ᑭᐅᖁᐊᖁᒻ� ᐊᒻ ᑐᑭᓯᑎᓐᓃᒧ ᑭᐅᒃᐅᑕᖅ
- *Teach child to learn from mistakes and to make improvements* ᐃᓕᓂᐊᑎᑐ ᓄᑦᕃᖅ ᐃᓕᑎᖅᒍᐊᓄᐊᖅᒻᐃᖅ ᑕᒻᕃᖅᑕᐧᑲᐧᓂ ᐊᕆᖅᓂᕆᖅᒻᕃᐊᓄᓂᓗ

Teenagers ᒪᒃᑯᑐᑦ

- *Explain the purpose of your teachings and the reason why you have high expectations* ᑐᑭᓯᓂᕐᐊᓄᓄᑦ ᐃᓕᓂᐊᖅᑎᖅᒻᓂ ᐊᒻ ᓅᖅ ᓂᑎᐅᓂᖅᒻᐊᓄᐊᖅᒻᐊᖅᒻᐃᖅ
- *Encourage perseverance; if they fail at something (e.g. subject in school, job, etc.) tell them to not give up and to try again* ᐃᖅᒍᕐᒪᓗ ᓴᐱᓂᖅᒥᐊᓪᐊᖅ ᑕᒻᕃᖅᒻᐊᖅᒻᕃ (ᐃᓕᓂᐊᖅᒪᓗᒻ, ᓴᓐᐊᒻᐊᓯᓂᓄᒻ) ᐅᖅᐅᑎᓂᕐᐊᖅ ᓴᐱᓂᖅᒥᐊᓄᕐᓄ
- *Everyone fails at some point, do not get discouraged, keep trying.* ᐃᖅᒍᖅᒨᑦ ᑕᒻᒪᕆᐊᓂᖅᒻᐊᓪᐊᖅᒻ, ᓴᐱᓂᖅᒥᐊᓄᕐᓂ, ᖃᐅᕆᑕᐅᑐᓂᑦ.

Living According to Inuit Culture and Values ᐃᓂᕆᖅ ᐃᓄᐃᑦ ᐱᕐᒍᖅ ᒪᓕᓂᒻ

Living according to Inuit culture, beliefs, and values is an important element of Inunnguiniq and Inuit Qaujimajatuqangit. ᐃᓄᐃᑦ ᐱᕐᒍᖅ ᒪᓕᓂᒻᑦ ᐃᓄᓅᖅᒻ ᐅᐱᓕᕆᖅ ᐊᑐᑎᑦ ᐱᓕᓂᐅᓯ ᐃᓄᕐᒍᐃᓂᖅᓄᑦ ᐊᒻ ᐃᓄᐃᑦ ᖃᐅᒪᓯᐅᑐᖅᕐᐊᓄᑦ

Inuit Values associated with taking steps to making improvements include: ᐃᓄᐃᑦ ᐱᓄᓐᐊᓄ ᐃᓕᕐᐅᑎᖅᒨᕐ ᐱᕆᐊᓄᖅ ᐊᕐᒍᐊᓯᓄᖅ ᐱᔨᕐᐱᑎᖅᒻᕃᐊᓄᑦ

- *Acceptance*   ᐊᑲᐅᖅᒥᕆᓂᖅ
- *Mastery*   ᐱᑐᖅᕆᓂᖅ
- *Observation*   ᖃᐅᖅᕃᐧᓯᓄᖅ
- *Practice*   ᐅᖅᒍᕐᐧᓯᓄᖅ
- *Strength*   ᐱᓪᓄᖅ
- *Trust*   ᐅᖅᐱᕐᐊᓄᖅ
- *Unity*   ᐊᑕᐅᕐᐅᖅᒻᕃᓂᖅ
- *Love*   ᓇᒻᓗᓂᖅ

Think about how these values are important in your life. ᐃᓯᓯᐅᑎᖅᒨᕐᑦ ᑕᒻᕃᔾᐊ ᖃᓄᖅ ᐱᓴᓐᐧᓯᓄ ᐊᑐᓛᖅᒻᕃᑦ ᐃᓄᕐᒻᕃᑦ.

Innuguiniq Parenting Program
ᐃᓄᒡᒍᐃᓂᖅ ᐱᐳᕐᐃᓂᕐᒧᑦ ᐃᓕᓂᐊᕐᒍᑎᖅᒥᕐᐃᑦ

Principle #6
ᒪᓕᒪᐃᑦ #6

Taking Steps to Make Improvements
ᐊᕐᒍᐃᐊᓂᖅ ᐱᔨᕐᒍᑎᖅᒥᕐᒧᑦ

The principle
ᒪᓕᒐᐃᑦ

Taking the steps to make improvements includes the following:

ᐊᔪᓇᐊᓂᖅ ᐱᕝᒋᑐᑎᒃᑯᓗᒃ:

- *Always teach how to do something well*
  ᐃᓕᓂᐊᖅᑲᓴᐸᓱᒍ ᖃᓄᖅ ᐱᑎᑕᔭᕋᓚᖕᒌᑦ

- *Starting with where a person/child is at in their abilities*
  ᐱᒋᐊᑎᒃᔅᑐᑎᑦ ᓇᑭ ᐃᓅᒃ ᓄᑕᖅ ᐊᕕᖁᓇᐃ ᓇᓂᓚᖕᒌᑦ

- *Expect and encourage progress*
  ᓂᕆᐅᒍᓗ ᐊᒻᒪ ᐃᑲᔪᖅᑐᐃᓗᓗ ᐱᖅᑲᐊᐊᓂᑦ

- *Show how to do something in small steps and expect the person/child to do what is shown*
  ᐃᓕᓂᐊᑎᓗᒍ ᒥᑭᔾᓱᖅᖃ, ᐊᒻᒪ ᑕᐅᑐᒍ ᐃᓅᒃ ᓄᑕᖅᓱᐸ ᐱᕝᒍᐊᖕᒌᑦ ᑕᐅᒍᓯᕐᓂᒃ

- *Never give up trying to help the child/person learn*
  ᓴᐱᓕᖅᑕᐃᓗᓂᑦ ᐃᓕᓂᐊᑎᑎᓂᒥ ᐃᓄᖕᒌ ᓄᑕᖅᒥᓄ

- *Pay attention to their learning process*
  ᐅ� ᓇᒥ ᓯᕐᐊᔾᓗᒍ ᐃᓕᓯᕆᕐᐸᑦ ᐸᓂᖕᒥ

What can parents do?
ᖃᓄ ᐊᖕᓚᕐᖁᑎᑦ ᐱᕕᓗᐊᖅᐸ?

It is important that parents help teach their children to take the steps to make improvements. Parents can do this by:

ᐱᑕᓐᐹᖔᒃ ᐊᖕᓚᕐᖁᑎᑦ ᐃᓂᓂᐊᑎᑎᓂᐊᔅᓇ ᓄᑕᖅᒥᓂᒃ ᐊᔪᓇᐊᓂᒐᒃ ᐱᕝᒋᑐᑎᑦᒃᑯᓗᒃ

- *Teaching at your child's level (not overcomplicating lessons)*
  ᐃᓕᓂᐊᑎᑎᓂ ᓄᑕᖅᒃᐱᑦ ᑐᑭᔭᖅᔭᐊᓂ ᐱᒡᔨᒍᐊᖕᒍᓂᒐᖕᒌ ᐃᓕᓂᐊᓂᐊᐃᓚ

- *Not arguing or fighting in front of your children* ᖃᓄᖕᒌᓂᕐᒍ ᐅᖅᓚᑦᖕᒍᕐ ᓄᑕᖅᖂᐱᒃ ᖏᒡᓈᓇ

- *Disciplining firmly, but calmly*
  ᐅᖃᐅᔾᐊᕐᐊᔪᑎᑦ ᑕᑎᒍᖕᒋᒐᒍᐊᔾᒍ ᓂᖕᓯᓇᖕᒌᒃ

- *Giving constructive and helpful criticism* ᐱᑎᒋᖕᔭᒥ ᒪᓕᖅᐊᓂᖅᒃ ᐊᒻᒪ ᐃᑲᔪᓂᖕᖂᒃ ᐅᖃᐅᓯᐅᕐᖂᓂᒃ

- *Giving clear instructions and responsibilities* ᐱᓂᓇ ᐊᖕᓱᑎᐊᒡᒃ ᑐᓂᖕᒋᒐᓂᒃ ᐱᕐᖕᔭᖅᖃᐅᓚᐊᖕᖂᓄᒍ

- *Supporting decision-making skills*
  ᐃᑲᔪᖅᖂᔾᒃᓱᒍ ᐃᓯᒪᓪᐊᐅᖅᖂᓂᒐᓯᒍ ᒪᓕᖅᐊᓂᖅᒃ

- *Show them you love them* ᓇᑦᒋᒥᑯᖕᖂ ᑕᑯᑎᒃᒌᖕᓱᑎᒃ

- *Always do things as a family*
  ᐃᓚᒌᕐᓈᖕᖂᓱᒍ ᐱᓗᔭᐱᖅᖃᐊᒃᖕᓱᑦ

Teaching Examples
ᐃᓚᓂᐊᑎᑎᓂᖕᔾᓚᒃ ᐅᑐᕋᐅᑎᑦ

Below are ways parents can teach their children to take the steps to make improvements.
ᐊᑖᓂ ᑎᑎᕋᕐᒪᓚᖅ ᖃᓄ ᐊᖕᓚᕐᖁᒃ ᐃᓚᓂᐊᑎᑎᖕᓱᐊᖕᓕᖕᒌᑦ ᐊᔪᓇᐊᓂᒐᒃ ᐱᓯᓂᐊᑎᑎᑦ

Infants ᓄᕋᕐᕼᖅ

- *Start teaching children at a young age; they are always watching you and will pick up on certain behaviours*
  ᐱᓯᓂᐊᑎᓚᖕᓱᐱᓚᐊᖕᖂᒍ ᓄᕋᕐᕼᖅ ᒥᑭᑦᓂᒍ; ᑕᐅᑐᒥᐊᒡᒪᓚ ᒪᓇᖕᑦᕇᐊᖕᖂ ᐃᓇᖅᔾᕐᕼᓇ

- *Be patient with your infant and recognize that each child grows at a different pace* ᐱᐊᖅᔾᓂᐊᓇ ᖃᐅᓴᕐᓱᒍ ᐊᑦᔭᖅᕻᖃᐊᐊᖕᖂᓚᑦ

Toddlers ᓄᕐᕼᖅ

- *Set goals and expectations at a young age; motivate them to complete small tasks at their skill level* ᐃᓂᑎᐊᖅᔾᓯᒡᓱᒍ ᒥᕐᓇᖕᑦᓂᒃ ᑐᕐᓂᐊᔾᓂ; ᐊᕐᔾᓯᒡᓂᒍᑦ ᐱᓂᐊᖕᓇᓇᐊᓚᐃ ᐊᕐᖕᒃᑐᒡᔭᐊᐃᓂᒃ

- *Teach proper behaviour (e.g. no violence, no whining, no stealing)*
  ᐃᓇᖅᔾᔾᐊᖕᓚᓂᒃ ᐱᖕᒡᑎᖕᑦᒍᒡ ᐊᓇᑐᐃᓚ ᐃᓇᐊᑕᖕᒃᑐᐃ ᑎᖕᒃᑕᐃᓚ