Teaching Examples

∆ሮ°ኇላ'በናረኇኈ ▷▷ጋና▷በኇኈ Children ዾርጐና

Teenagers LbdbDc

- Do not give teenagers all the answers; allow them to be resourceful and innovative to solve their problems/issues
 (qanuqtuurunnarniq -being resourceful; iqqaqqaukkaringniq being innovative)
 しゃゅうこ トゥトウュースペーコート
 らうフェッテがハコート (ちゅうファーマット)
 ムぐらもったった。
- Support their independence and encourage them to make good decisions; provide them more freedom and the opportunity to learn on their own Δb4′s)^c Λ4^la′σ^c Λ4^lL Δb4′s)^c Λ6 Δ6^lL Δ6^lC Δ6^lL Δ6^lC Δ6^l



Living According to Inuit Culture and Values

$\Delta_0\Delta_0$ Λ_0 Λ

Living according to Inuit culture, beliefs, and values is an important element of Inunnguiniq and Inuit Qaujimajatuqangit.

Inuit Values associated with rising above hardships through continual solution seeking include:

$$\Delta \Delta \Delta^c$$
 L-lb\ Δ Δ 2'-lc Δ 2'C\ Δ 1'c Δ 2'c\ Δ 2'c Δ 6'C\ Δ 6'-c Δ 6'C\ Δ 6'C Δ 0'C Δ 0'C

- Conservation / ⊳%%∩ั่เ๛%
- Improvisation / もょうさんょっか
- Interconnectedness / ϤϧϽϤϽϤϷϭͺϧͼϭͺϧͼ
- Acceptance / α^LL^b5⁵σ^{5b}
- Adaptability / dCトイやJやトセレロドロの
- Strength / ΛJσ⁵⁶
- Survival / ሳ° ፌ ኮጋ ላ ራ የኦ
- Taking the long view / イターもちょく
 ムイトゥトィトマー・
- Confidence / ላላ የርረቦ ታ ና b
- Trust / ▷⁶Λ⁵α⁵σ⁵⁶

Think about how these values are important in your life.

Innunguiniq Parenting

Program

 $\Delta = \sqrt[6]{100}$

 Λ 2⁵ Δ σ ⁵J^C

 $\Delta c^{\circ} \sigma d P n^{\circ} S^{\circ}$

Principle #2

 $I \subset I \wedge^{c} \#2$

Rising above
Hardships Through
Continual Solution
Seeking

 $\neg C_1 \land C_2 \land C_1 \neg C_3 \land A$

ᡏᢤᡗᠾᢀᢣᠣᢀ



The principle Lclsb

Rising above hardships through continual solution seeking includes the following:

44'2')'d'3-4'3σ 49JC'5σ6 Δ'65'047'2'5'6

- Being adaptable and future oriented
 Δ こ ー P ハ 4 * C * 5 ハ C ペート イク σ ト ト 」 C
 ぐ トゥレー ハ C
- Being capable so that others will have confidence in you
 するいのでは、
 なるいのでは、
 なるいのでは、
- Identifying your needs and seeking only what you need
 ュンムトント・ ハナヘ 4らしハ・ ベーレ
 ハナハ 4らしひょう・ ハンハ・
- Applying knowledge to experiences
 to learn continually
 らレトレ
 って くつら
 ムーのペーマンム。らっち
- Seeking understanding and appreciation of the things around you
 ンアイペー マーチャンハー マート・マート・ション・マート・ション・マート・ファート



It is important that parents help teach their children to rise above hardships through continual solution seeking. Parents can do this by:

 Λ C Λ P $^{\circ}$ $^{$

- Ensuring your children are adaptable to new environments and new situations もトトロイベット・ハインマットのよってします。 ムペーマイマットがものです。
- Using stories to teach them to prepare for the future
 ኦσቴንላቴበጋቦና Δቴፌልኦቴጋቦና ተቃማቴኒያ Δር-ተመተበጋቦና
- Teaching children how to cope with disappointment
 Δc^ασ Φ(∩) βρ βρ Αξερθός ΓΓ

Below are ways parents can help their children rise above hardships through continual solution seeking.

Infants مح المجاثة

- Always talk to your child; he or she is absorbing everything they hear ኮቴ ጋሲ የአይተ ጋ ታርና ር ነው የፊል ፈቦታ ቴኒር ጋ ጎታ ቦታ ተ

Toddlers $_{\circ}C_{\varsigma \varsigma b}$